

# Total Wellness Centre

10 Roden Place  
Toronto, On M5R 1P5  
[www.totalwellnesscentre.ca](http://www.totalwellnesscentre.ca)  
Tel: 416 532 9094  
Fax: 416 642 2532



## Male Fertility Questionnaire

**This questionnaire is strictly confidential and will be shared only with your practitioners.**

How long have you and your partner been trying to conceive? \_\_\_\_\_

How would you define your sexual energy?      \_\_\_ Below normal      \_\_\_ Normal

Do you masturbate?      \_\_\_ Yes      \_\_\_ No

If yes, how often: \_\_\_\_\_

Have you had a recent physical exam?      \_\_\_ Yes      \_\_\_ No

If yes, when? \_\_\_\_\_  
mm/dd/yy

Do you or did you have an undescended testicle?      \_\_\_ Yes      \_\_\_ No

Have you ever been diagnosed with a Varicocele?      \_\_\_ Yes      \_\_\_ No

Have you been diagnosed with small or soft testis?      \_\_\_ Yes      \_\_\_ No

Have you ever had urologic surgeries?      \_\_\_ Yes      \_\_\_ No

If yes, detail:

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Have you experienced erectile dysfunction?      \_\_\_ Yes      \_\_\_ No

Have you experienced difficulty ejaculating?      \_\_\_ Yes      \_\_\_ No

Have you had exposure to environmental toxins or hormones?      \_\_\_ Yes      \_\_\_ No

Do you regularly experience nocturnal emissions?      \_\_\_ Yes      \_\_\_ No

Do you have high cholesterol?      \_\_\_ Yes      \_\_\_ No

Have you experienced a high fever in the last 6 months?      \_\_\_ Yes      \_\_\_ No

Do you currently have a prostate condition?      \_\_\_ Yes      \_\_\_ No

Have you experienced any penile discharge?      \_\_\_ Yes      \_\_\_ No

If yes, what colour: \_\_\_\_\_

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Do you or have you ever had urinary tract infections?  Yes  No

Do you experience high frequency of urination?  Yes  No

Do you ever experience burning when urinating?  Yes  No

Do you have urgency to urinate?  Yes  No

Do you ever have pain when urinating?  Yes  No

Do you have dribbling in between urination?  Yes  No

Have you ever contracted STDs?  Yes  No

If yes, which STD: \_\_\_\_\_

Have you ever taken testosterone supplements/drugs?  Yes  No

Have your testosterone levels been checked?  Yes  No

If yes:  Normal  Low

Have you been checked for blockage of your reproductive tract?  Yes  No

Have you had a fertility workup?  Yes  No

If no, please discuss this with your MD

If yes, what was your sperm count? \_\_\_\_\_ million

What was the sperm motility? \_\_\_\_\_ %

What was the sperm morphology? \_\_\_\_\_ %

What was the volume? \_\_\_\_\_ ml

How many days of abstinence? \_\_\_\_\_

Has the sperm DNA fragmentation been checked?  Yes  No

If yes, what is the DNA Sperm Fragmentation %? \_\_\_\_\_

If you have impregnated a female partner in the past, please describe if full term, miscarriage, or therapeutic abortion (include the number of pregnancies, your age at the time, and any complications): \_\_\_\_\_

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